

Nb de  
compétitions  
réalisées : **12**

# Historique et Meilleures Performances

**POLINSKI Florent**

|         |         |         |         |  |  |         |  |  |         |         |  |  |  |  |  |  |         |
|---------|---------|---------|---------|--|--|---------|--|--|---------|---------|--|--|--|--|--|--|---------|
| 0:45.21 |         | 4:04.95 |         |  |  | 0:54.20 |  |  |         | 1:57.67 |  |  |  |  |  |  | 4:15.74 |
|         | 1:44.67 |         | 9:10.16 |  |  |         |  |  | 0:51.60 |         |  |  |  |  |  |  | 1:51.54 |

| Nage Libre |     |     |     |     |      | Dos |     |     | Brasse |     |     | Papillon |     |     | 4 Nages |     |     |
|------------|-----|-----|-----|-----|------|-----|-----|-----|--------|-----|-----|----------|-----|-----|---------|-----|-----|
| 50         | 100 | 200 | 400 | 800 | 1500 | 50  | 100 | 200 | 50     | 100 | 200 | 50       | 100 | 200 | 100     | 200 | 400 |

|            |                              |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
|------------|------------------------------|------------------|----|---------|---------|---------|---------|---------|---------|---------|---------|--|--|--|--|---------|---------|
| 22/05/1999 | MEET                         | LE HAVRE         | 11 | 0:48.26 |         |         |         |         |         | 0:52.77 |         |  |  |  |  |         |         |
| 50         | Meeting International Jeunes |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 13/05/1999 | MEET                         | YVETOT           | 11 | 0:45.21 |         |         |         | 0:54.20 |         | 0:51.60 |         |  |  |  |  |         |         |
| 25         | SPRINT                       |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 20/03/1999 | MEET                         | ROUEN            | 11 |         | 1:44.67 |         |         |         |         | 1:57.67 |         |  |  |  |  |         |         |
| 25         | BNP                          |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 07/03/1999 | FSGT                         | SAINT ETIENNE    | 11 |         | 1:47.36 |         |         |         |         |         |         |  |  |  |  |         | 4:15.74 |
| 25         | Journée Jeunes               |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 16/01/1999 | FFN-D                        | ST VALERY EN CAU | 11 |         | 1:45.33 | 4:04.95 |         |         |         |         |         |  |  |  |  | 1:51.54 |         |
| 25         | CRITÉRIUM B/P                |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 18/10/1998 | FSGT                         | OISSEL           | 11 |         |         |         | 9:10.16 |         |         | 2:02.14 |         |  |  |  |  |         |         |
| 25         | Triathlon                    |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 11/04/1998 | AVENI                        | DIEPPE           | 10 |         |         |         |         |         |         | 2:05.55 |         |  |  |  |  | 2:06.19 |         |
| 25         | AVENIR                       |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 06/12/1997 | FFN-D                        | ST VALERY EN CAU | 10 |         |         |         |         |         |         | 2:03.69 |         |  |  |  |  |         |         |
| 25         | CRITÉRIUM B/P                |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 30/11/1997 | FFN-D                        | ST ROMAIN DE COL | 10 |         |         |         |         |         | 1:02.17 |         |         |  |  |  |  |         |         |
| 25         | CRITÉRIUM B/P                |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 15/11/1997 | AVENI                        | DIEPPE           | 10 |         |         |         |         |         | 1:03.10 |         | 0:56.35 |  |  |  |  |         |         |
| 25         | AVENIR                       |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 08/11/1997 | FSGT                         | GRAND COURONNE   | 10 |         | 2:15.73 |         |         |         |         |         | 2:09.94 |  |  |  |  |         |         |
| 50         | Champ. Départementaux        |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |
| 01/10/1997 | FSGT                         | OISSEL           | 10 |         |         |         |         |         |         |         | 2:16.06 |  |  |  |  |         |         |
| 25         | Triathlon                    |                  |    |         |         |         |         |         |         |         |         |  |  |  |  |         |         |