Nb de compétitons réalisées : **49**

Historique et Meilleures Performances

LEMONNIER Gaëlle

				Nage Libre						Dos			Brasse			Papillon			4 Nages		
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
				0:32.10	1:09.05	2:27.02	5:15.42	10:42.54		0:42.34	1:33.42	3:13.78	0:42.54	1:32.25	3:15.48	0:36.81	1:23.81		1:52.41	3:04.12	6:16.78
09/06/2012	FFN-D	ROUEN	18	0:34.30	1:13.50								0:42.92	1:33.37	3:17.62					3:05.02	
25	CHAMP. DÉPARTEMENTAUX																				
08/05/2012	MEET	YVETOT	18	0:34.65						0:44.65			0:43.75			0:39.51					
25	SPRINT																				
15/04/2012	MEET	ST VALERY EN CAU	18	0:33.38						0:42.91	1:33.42	3:13.78	0:44.62	1:33.46	3:16.58		1:28.30			3:04.12	
25	MEETING DE LA CÔTE D'ALBATRE																				
02/06/2011	MEET	YVETOT	17	0:35.92									0:47.53			0:40.18					
25	SPRINT																				
27/11/2010	MEET	ST VALERY EN CAU	17	0:35.30	1:19.53	2:57.73							0:48.83	1:39.88	3:32.33						
25	MEETING DE LA CÔTE D'ALBATRE																				
21/11/2010	FFN-D	FECAMP	17	0:35.11	1:16.47										3:28.98	0:38.34	1:33.74				
25	CD76 - EPREUVES COURTES																				
14/11/2010	FFN-R	ROUEN	17																	3:11.79	
25	INTERCLUBS																				
27/06/2010	FFN-D	ND GRAVENCHON	16		1:12.92									1:39.03			1:31.65				
25	CHAMP. DÉPARTEMENTAUX																				
12/06/2010	FFN-R	FECAMP	16	0:34.22										1:35.26							
25	COUPE DE NORMANDIE																				
16/05/2010	FFN-R	ARGENTAN	16	0:32.91	1:12.71									1:34.21	3:22.72						
25	COUPE DE NORMANDIE																				
13/05/2010	MEET	YVETOT	16	0:33.31						0:42.34			0:44.35			0:37.59					
25	SPRINT																				
21/03/2010	FFN-D	ROUEN	16	0:33.29	1:11.47								0:43.67	1:33.36	3:15.48	0:36.81	1:26.75				
25	CD76 - EPREUVES COURTES																				
30/01/2010	FFN-R	ELBEUF	16	0:34.30	1:13.75	2:38.72															
50	MEETING DE NDIE																				
17/01/2010	FFN-R	HEROUVILLE SAINT	16	0:33.46	1:10.87	2:35.25															
25	Coupe de NORMANDIE																				
06/12/2009	FFN-D	ST VALERY EN CAU	16				5:24.68	11:06.66													
25	CD76 - DEMI FOND																				
22/11/2009	FFN-D	FECAMP	16	0:33.16	1:11.38	2:33.44							0:43.93	1:32.97							
25	CD76 - EPREUVES COURTES																				

15/11/2009	FFN-R	ROUEN	16																		6:16.78
25	INTERCLUBS																				
11/11/2009	MEET	GRAND QUEVILLY	16		1:10.30									1:32.25							
25	Meeting EGQ																				
08/11/2009	MEET	ROISSY	16	0:33.13									0:44.00	1:32.56							
25	Meeting NAUTIL																				
01/11/2009	FFN-D	ND GRAVENCHON	16		1:11.32		5:23.76							1:32.71							
25	MEETING DE DEBUT DE SAISON																				
18/10/2009	FFN-R	MONTIVILLIERS	16	0:33.31		2:32.54	5:20.38						0:45.77	1:35.28							
25	MEETING NORMAND HIVER																				
27/06/2009	FFN-R	CAEN	15	0:33.68	1:10.85	2:35.35															
50	Champ. De NORMANDIE																				
30/05/2009	MEET	LAVAL	15		1:10.11	2:34.40	5:26.67														
50	MEETING DE LA VILLE DE LAVAL																				
23/05/2009	FFN-R	FECAMP	15	0:32.39		2:27.02	5:15.42	10:43.32													
25	Champ. de NORMANDIE																				
21/05/2009	MEET	YVETOT	15	0:33.22									0:44.74			0:37.85					
25	SPRINT																				
02/05/2009	FFN-R	VIRE	15	0:32.41	1:09.53			10:42.54							3:15.75						
25	Coupe de NORMANDIE																				
28/03/2009	MEET	PARIS	15	0:32.75	1:10.42	2:35.23															
50	MEETING DE LA FRANCILY																				
21/03/2009	FFN-D	ROUEN	15	0:32.66	1:09.99	2:29.24	5:17.03						0:44.39								
25	Champ.Départemental																				
08/03/2009	FFN-R	FLERS	15	0:32.47	1:09.05	2:28.97															
25	Coupe de NORMANDIE																				
25/01/2009	FFN-R	ND GRAVENCHON	15	0:32.10	1:09.59	2:29.62															
25	Coupe de NORMANDIE																				
03/01/2009	MEET	DENAIN	15	0:32.52	1:09.19	2:31.15							0:43.83				1:23.81				
25	Meeting de la PORTE DU HAINAUT																				
21/12/2008	FFN-D	LE HAVRE	15											1:33.89	3:17.98						
25	INTERCLUBS																				
15/12/2008	FFN-D	ST VALERY EN CAU	15					10:58.71													
25	CD76 - DEMI FOND																				
15/11/2008	FFN-D	FECAMP	15	0:32.75	1:11.00	2:33.94	5:22.36						0:42.54			0:37.41					
25	CD76 - EPREUVES COURTES																				
01/11/2008	MEET	BOLBEC	15	0:32.75	1:12.03		5:30.68									0:38.33	1:24.15				
25	Meeting Intercommunal																				

19/10/2008	FFN-D	ND GRAVENCHON	**15**		1:11.15		5:22.16										1:25.98				
25	MEETING DE DEBUT DE SAISON																						
12/06/2005	FFN-D	ST ROMAIN DE COL	**11**		1:34.47									2:03.07					1:52.41		
25	AVENIR Finale																						
28/05/2005	FFN-D	BOLBEC	**11**		1:41.49									1:57.75		0:55.51					
25	PROMO 76																						
07/05/2005	AVENI	ST VALERY EN CAU	**11**																1:52.79		
25	AVENIR																						
02/04/2005	AVENI	YVETOT	**11**		1:37.06																
25	AVENIR																						
15/01/2005	AVENI	ST VALERY EN CAU	**11**																2:02.54		
25	AVENIR																						
04/12/2004	AVENI	YVETOT	**11**		1:44.12																
25	AVENIR																						
20/11/2004	AVENI	DIEPPE	**11**								0:58.87			0:57.96							
25	AVENIR																						
20/06/2004	FFN-D	ST ROMAIN DE COL	**10**		2:01.09							2:17.82			2:18.35				2:14.27		
25	AVENIR Finale																						
22/05/2004	AVENI	DIEPPE	**10**																2:10.80		
25	AVENIR																						
20/05/2004	MEET	YVETOT	**10**	0:54.78							0:55.93						1:02.60				
25	SPRINT																						
10/04/2004	AVENI	YVETOT	**10**		2:03.64																
25	AVENIR																						
27/03/2004	AVENI	YVETOT	**10**											1:05.30							
25	AVENIR																						
24/01/2004	AVENI	DIEPPE	**10**																2:38.33		
25	AVENIR																						