Historique et Meilleures Performances

Nb de compétitons réalisées : **15**

LEFRANCOIS Julie

				Nage Libre						Dos			Brasse			Papillon			4 Nages		
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
				0:39.40		2:58.96		13:23.53		0:47.15		3:34.08		1:54.98		0:50.65				3:32.19	
					1:25.75		6:09.27				1:41.19		0:53.69		4:02.76		1:49.84		2:04.12		
24/05/1998	MEET	LE HAVRE	13	0:41.11	1:27.62					0:51.16	1:47.53					0:52.31	1:54.93				
50	Meeting International Jeunes																				
21/05/1998	MEET	YVETOT	13	0:40.23						0:48.51			0:53.69			0:50.79					
25	SPRINT																				
02/05/1998	FFN-D	GRAND COURONNE	13				6:16.67														
50	Champ.Départemental																				
26/04/1998	MEET	FECAMP	13		1:26.66						1:44.45						1:53.70				
50	Ville FECAMP																				
04/04/1998	FFN-D	SAINT ETIENNE	13	0:39.40	1:25.75	2:58.96	6:09.66			0:51.21	1:46.03	3:34.08				0:50.65				3:32.19	
25	CRITÉRIUM B/P																				
07/02/1998	FFN-D	ROUEN	13								1:42.19										
25	Champ.Départemental																				
06/12/1997	FFN-D	ST VALERY EN CAU	13		1:28.41	3:05.60									4:03.95						
25	CRITÉRIUM B/P																				
23/11/1997	FFN-D	ROUEN	13				6:16.29														
25	Eliminatoire interclubs																				
08/11/1997	FSGT	GRAND COURONNE	13		1:26.82	3:09.72					1:44.06			1:54.98			1:53.88			3:36.18	
50	Champ. Départementaux																				
08/10/1997	FSGT	SAINT ETIENNE	13	0:41.68				13:23.53				3:36.15			4:02.76						
25	Champ. Départementaux																				
01/05/1997	FFN-D	ST VALERY EN CAU	12	0:40.03	1:26.16	3:05.59	6:09.27				1:41.19						1:49.84			3:32.73	
25	PROMO 76																				
01/01/1997	FFN-D	?	12	0:41.25	1:31.76		6:41.15			0:47.15	1:47.37		0:56.25	1:59.30		0:51.17	1:55.92			3:42.20	
25	?																				
01/01/1996	FFN-D	?	11		1:44.32						1:53.72	4:07.61		2:09.68	4:33.34	0:59.36					
25	?																				
01/01/1995	FFN-D	?	10	0:51.75						1:00.50			1:05.17						2:04.12		
25	?																				
01/01/1994	FFN-D	?	9	1:01.75									1:18.57								
25	?																				