Historique et Meilleures Performances

Nb de compétitons réalisées : **105**

MAC Hugo

				Nage Libre						Dos			Brasse			Papillon			4 Nages		
				0:26.11		2:11.45		9:58.44		0:32.41		2:30.64		1:15.94		0:30.72		3:05.02		2:35.11	
					0:58.33		4:44.09		18:39.10		1:08.95		0:34.00		2:49.13		1:15.41		1:15.02		6:10.80
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
10/05/2018	MEET	YVETOT	17	0:26.45						0:34.40						0:31.98					
25	SPRINT																				
28/04/2018	MEET	VIRE	17	0:26.24	0:58.33					0:33.06			0:34.95			0:30.72					
25	Aquavire																				
21/04/2018	FFN-D	ELBEUF	17	0:27.33	1:03.10								0:36.68	1:23.93	3:04.15						
50	CHAMP. DÉPARTEMENTAUX																				
07/04/2018	MEET	ST VALERY EN CAU	17	0:26.11	0:59.59					0:32.41			0:34.39			0:32.61					
25	MEETING DE LA CÔTE D'ALBATRE																				
24/02/2018	FFN-R	ELBEUF	17	0:27.32	1:01.49								0:36.20	1:22.41							
50	Champ. de NORMANDIE																				
04/02/2018	MEET	MONTIVILLIERS	17		1:02.24						1:12.66			1:21.31			1:18.74			2:35.11	
25	Meeting de Montivilliers																				
17/12/2017	FFN-R	PONT AUDEMER	17	0:26.57	0:59.15	2:16.06							0:34.00	1:15.94							
25	Championnat de Normandie Honneur																				
25/11/2017	FFN-R	ST VALERY EN CAU	17	0:26.38	0:58.62								0:34.61								
25	Champ. de NORMANDIE																				
19/11/2017	FFN-D	FECAMP	17	0:26.44	0:58.68	2:11.45					1:14.23		0:34.72		2:49.13						
25	CHAMP. DÉPARTEMENTAUX																				
03/11/2017	MEET	CHOLET	17	0:26.76	0:58.49	2:17.06	4:55.03			0:33.16	1:09.17		0:35.32								
25	Meeting du Choletais																				
29/10/2017	MEET	GRAND QUEVILLY	17		1:00.84						1:12.87			1:20.98			1:15.41				
25	Meeting EGQ																				
15/10/2017	MEET	CERGY PONTOISE	17	0:27.12	0:59.66					0:33.72	1:11.25		0:34.99	1:18.63							
25	Meeting Régional																				
01/07/2017	FFN-R	CAEN	16	0:27.73							1:12.54	2:35.78									
50	Champ. de NORMANDIE																				
03/06/2017	MEET	LE HAVRE	16	0:28.04	1:04.29					0:35.47	1:15.88					0:33.63					
50	Meeting des Jeunes																				
25/05/2017	MEET	YVETOT	16	0:28.10						0:33.23			0:35.89			0:33.16					
25	SPRINT																				
06/05/2017	MEET	PARIS	16		1:02.52	2:25.46				0:34.56	1:13.20	2:37.48	0:36.30								
50	Meeting ARENA																				

09/04/2017	MEET	ST VALERY EN CAU	16	0:26.79	0:59.52	2:14.76				0:33.15	1:08.95		0:35.72								
25	MEETING DE LA CÔTE D'ALBATRE																				
02/04/2017	MEET	LE HAVRE	16	0:28.72						0:35.64			0:38.46			0:33.71			1:17.24		
25	Meeting de la porte océane																				
04/03/2017	MEET	CHARTRES	16	0:27.98	1:01.67	2:17.83															
50	MEETING NAT'OUEST																				
15/01/2017	MEET	MONTIVILLIERS	16		1:00.85						1:11.06			1:23.03			1:17.14			3:37.74	
25	Meeting de Montivilliers																				
18/12/2016	FFN-R	PONT AUDEMER	16	0:27.62	0:59.74					0:33.77	1:10.75										
25	Championnat de Normandie Honneur																				
03/12/2016	FFN-R	CAEN	16		0:59.65	2:12.83						2:30.64									
25	Champ. de NORMANDIE																				
19/11/2016	FFN-D	FECAMP	16	0:27.49		2:15.94	4:48.50			0:34.39											
25	CHAMP. DÉPARTEMENTAUX																				
29/10/2016	MEET	CHOLET	16	0:27.89	1:01.54	2:19.12	4:51.45			0:34.78	1:13.13			1:22.72		0:37.15			1:16.63		
25	Meeting du Choletais																				
25/06/2016	MEET	SAINT NAZAIRE	15	0:28.80		2:17.75				0:36.00	1:16.19	2:40.65								2:39.89	
50	MEETING DE ST NAZAIRE																				
11/06/2016	FFN-R	ND GRAVENCHON	15			2:18.88	5:01.54					2:38.40									
50	Champ. de NORMANDIE																				
14/05/2016	MEET	LAVAL	15		1:04.68	2:21.93	5:00.46				1:15.35	2:42.48			3:20.83						
50	MEETING DE LA VILLE DE LAVAL																				
08/05/2016	MEET	PARIS	15	0:28.83	1:02.50	2:19.04	4:58.39						0:38.43			0:35.02					
50	Meeting National																				
02/04/2016	MEET	ST VALERY EN CAU	15	0:28.04	1:01.10	2:15.01	4:44.09	9:58.44					0:38.51						1:15.02		
25	MEETING DE LA CÔTE D'ALBATRE																				
20/03/2016	FFN-R	COUTANCES	15	0:28.66	1:00.89	2:14.50															
25	Championnat de Normandie Honneur																				
27/02/2016	MEET	NANTES	15	0:29.55	1:02.89	2:20.59	4:53.92		19:23.10								1:23.65				
50	MEETING NATIONAL DES PAYS DE LOI																				
16/01/2016	MEET	CHARTRES	15	0:30.25	1:06.29	2:25.68	5:08.99	10:40.26	19:59.33												
50	MEETING NATIONAL CHARTRES METR																				
06/12/2015	FFN-R	CAEN	15		1:02.44																
25	Champ. de NORMANDIE																				
21/11/2015	FFN-D	FECAMP	15	0:28.50	1:02.53	2:16.86	4:48.57	10:03.74	18:39.10					1:22.93		0:34.48	1:20.11	3:06.75			
25	Champ. Départementaux																				
30/10/2015	MEET	CHOLET	15	0:28.68	1:02.63	2:17.48	4:58.74									0:38.59	1:34.08	3:05.02	1:23.38		
25	MEETING DE LA VILLE DE CHOLET																				

18/10/2015	MEET	ROISSY	**15**	0:29.10	1:03.34	2:17.45				0:36.41	1:16.96			1:24.10		0:35.03					
25	Meeting NAUTIL																				
10/10/2015	MEET	CERGY PONTOISE	**15**	0:28.78	1:03.20	2:18.18	4:52.97				1:16.78					0:35.41					
25	Meeting Régional																				
10/07/2015	FFN-I	LAVAL	**14**				5:00.30	10:22.38													
50	Champ N2																				
13/06/2015	FFN-R	ND GRAVENCHON	**14**			2:18.89	4:53.12														
50	Champ. de NORMANDIE																				
16/05/2015	MEET	PARIS	**14**	0:29.72	1:03.91	2:19.44	4:57.52						0:43.26			0:38.07					
50	Meeting National																				
09/05/2015	MEET	VERSAILLES	**14**		1:05.34		5:02.50				1:21.34			1:32.23							
50	Meeting des Jeunes																				
12/04/2015	MEET	ST VALERY EN CAU	**14**	0:29.50	1:02.92	2:18.78	4:52.55	10:17.24			1:18.32					0:36.99					
25	MEETING DE LA CÔTE D'ALBATRE																				
29/03/2015	FFN-D	YVETOT	**14**			2:20.31									3:16.96						
25	Quadrathlon																				
28/02/2015	MEET	MASSY	**14**	0:30.91		2:24.92	5:04.74	10:17.23		0:39.13	1:22.90		0:42.40	1:33.57	3:17.18		1:30.14				
50	SWIM TOUR																				
21/02/2015	MEET	BETHUNE	**14**	0:30.39		2:24.19				0:39.22		2:55.03		1:34.85			1:27.61				
50	7e Meeting National de BÉTHUNE																				
17/01/2015	MEET	CHARTRES	**14**	0:30.71	1:07.19	2:25.33	5:15.05	10:51.95	20:31.13								1:30.23				
50	MEETING NATIONAL CHARTRES METR																				
19/12/2014	FFN-I	LE MANS	**14**				4:53.02	10:05.28	19:26.58												
25	Champ N2																				
06/12/2014	FFN-R	SAINT LO	**14**		1:04.72		4:49.23	10:11.53	19:13.46												
25	Champ. de NORMANDIE																				
22/11/2014	FFN-D	FECAMP	**14**	0:29.81			5:04.78	10:07.57	19:15.15	0:37.80	1:17.88			1:28.84		0:36.48					
25	CHAMP. DÉPARTEMENTAUX																				
31/10/2014	MEET	CHOLET	**14**	0:29.42	1:04.01	2:23.94	4:56.34									0:37.43					
25	MEETING DE LA VILLE DE CHOLET																				
26/10/2014	FFN-R	BERCK	**14**	0:30.08	1:05.56	2:26.26	5:10.71														
25	MEETING NATIONAL DU PAS DE CALAI																				
12/10/2014	MEET	CHERBOURG	**14**	0:29.43	1:04.83	2:21.46					1:21.38			1:31.40			1:28.02				
25	Meeting ARENA																				
05/07/2014	FFN-N	VAL DE REUIL	**13**		1:05.98																
25	Cup FRANCE des Benjamins																				
28/06/2014	FFN-N	SAINT NAZAIRE	**13**	0:31.01			5:17.18			0:39.14			0:42.39			0:38.22				2:52.34	
50	LUCIEN ZINS - FINALE NATATHLON																				

25/05/2014	FFN-D	SAINT ETIENNE	13											0:37.85			0:37.97					6:10.80
25	NATATHLON																					
03/05/2014	MEET	ST VALERY EN CAU	13	0:30.36	1:06.25	2:28.56	5:10.76			0:37.52	1:22.30	2:50.88	0:41.89	1:31.55	3:16.18							
25	MEETING DE LA CÔTE D'ALBATRE																					
13/04/2014	FFN-D	ST ROMAIN DE COL	13	0:30.89				10:53.91								0:36.84						
25	NATATHLON																					
30/03/2014	FFN-D	BOLBEC	13		1:07.21		5:19.42			0:39.46										2:57.43		
25	CRITÉRIUM B/P																					
23/03/2014	FFN-D	ST VALERY EN CAU	13							0:39.31			0:42.02									
25	NATATHLON																					
02/02/2014	FFN-D	ND GRAVENCHON	13			2:31.61						2:57.65					1:29.28					
25	Quadrathlon																					
15/12/2013	FFN-D	FORGES LES EAUX	13				5:29.08															
25	CRITÉRIUM B/P																					
16/11/2013	FFN-D	FECAMP	13	0:31.67	1:09.27					0:41.09	1:28.21	3:05.12	0:43.14			0:39.53				3:01.48		
25	CHAMP. DÉPARTEMENTAUX																					
01/11/2013	MEET	GRAND QUEVILLY	13	0:32.32						0:41.45			0:43.49			0:41.40						
25	Meeting EGQ																					
13/10/2013	FFN-D	ND GRAVENCHON	13		1:12.54		5:49.59															
25	MEETING DE DEBUT DE SAISON																					
23/06/2013	FFN-R	ARGENTAN	12		1:13.87		5:43.32						0:44.06							3:04.30		
25	TROPHEE GUY BOISSIERE																					
02/06/2013	FFN-D	ND GRAVENCHON	12			2:40.12						3:12.04			3:19.70		1:41.27					
25	Quadrathlon																					
19/05/2013	FFN-D	GONFREVILLE L'OR	12				5:43.30			0:42.24						0:43.03						
25	NATATHLON																					
09/05/2013	MEET	LAVAL	12	0:33.65	1:15.04	2:45.53				0:46.75			0:45.36			0:43.51						
50	MEETING DE LA VILLE DE LAVAL																					
04/05/2013	MEET	ST VALERY EN CAU	12	0:33.89	1:13.53	2:40.67							0:43.28	1:32.95	3:21.85							
25	MEETING DE LA CÔTE D'ALBATRE																					
29/03/2013	FFN-D	SAINT ETIENNE	12							0:43.70						0:42.21				3:04.50		
25	NATATHLON																					
17/03/2013	FFN-D	BOLBEC	12		1:14.72		5:49.63			0:43.74										3:06.44		
25	CRITÉRIUM B/P																					
03/03/2013	FFN-D	ST VALERY EN CAU	12	0:33.52			5:44.47						0:44.33									
25	NATATHLON																					
14/01/2013	MEET	MONTIVILLIERS	12	0:34.74						0:44.09						0:44.11			1:30.25			
25	Meeting JEUNES																					

16/12/2012	FFN-D	ST ROMAIN DE COL	**12**				6:02.21												3:17.57		
25	CRITÉRIUM B/P																				
24/11/2012	FFN-D	FECAMP	**12**		1:17.84			12:19.47					0:45.84								
25	CHAMP. DÉPARTEMENTAUX																				
01/11/2012	MEET	GRAND QUEVILLY	**12**	0:34.98						0:44.51			0:45.17			0:47.88					
25	Meeting EGQ																				
14/10/2012	FFN-D	ND GRAVENCHON	**12**		1:17.96		6:06.73							1:41.46							
25	CHAMP. DÉPARTEMENTAUX																				
24/06/2012	AVENI	GONFREVILLE L'OR	**11**		1:18.83						1:42.91			1:42.10							
25	AVENIR Finale																				
08/05/2012	MEET	YVETOT	**13**	0:30.45						0:37.70			0:41.38			0:37.09					
25	SPRINT																				
15/04/2012	MEET	ST VALERY EN CAU	**11**	0:35.90	1:20.69						1:40.90		0:46.84	1:41.64							
25	MEETING DE LA CÔTE D'ALBATRE																				
07/04/2012	AVENI	GOURNAY EN BRAY	**11**		1:19.68																
25	AVENIR Eté 2																				
17/03/2012	AVENI	DIEPPE	**11**							0:47.42			0:49.12								
25	AVENIR Eté 1																				
14/01/2012	AVENI	DIEPPE	**11**																1:39.13		
25	AVENIR Hiver 3																				
11/12/2011	FFN-D	GRAND QUEVILLY	**11**			3:01.28													1:36.71		
25	CRITÉRIUM B/P																				
10/12/2011	AVENI	FORGES LES EAUX	**11**		1:20.68																
25	AVENIR Hiver 2																				
26/11/2011	AVENI	DIEPPE	**11**							0:47.24			0:48.30								
25	AVENIR Hiver 1																				
11/11/2011	MEET	GRAND QUEVILLY	**11**	0:36.10						0:48.38			0:50.18								
25	Meeting EGQ																				
26/06/2011	AVENI	GRAND QUEVILLY	**10**		1:30.86									1:51.76							
25	AVENIR Finale																				
02/06/2011	MEET	YVETOT	**10**							0:49.25											
25	SPRINT																				
22/05/2011	FFN-D	BOLBEC	**10**	0:38.26			6:56.29														
25	CRITÉRIUM B/P																				
14/05/2011	AVENI	FORGES LES EAUX	**10**																1:47.48		
25	AVENIR Eté 3																				
02/04/2011	AVENI	DIEPPE	**10**		1:31.01																
25	AVENIR Eté 2																				

26/03/2011	FFN-D	FAUVILLE EN CAUX	**10**				7:11.94														
25	CRITÉRIUM B/P																				
18/03/2011	AVENI	DIEPPE	**10**							0:49.91			0:52.22								
25	AVENIR Eté 1																				
22/01/2011	FFN-D	DIEPPE	**10**	0:41.14			7:26.22														
25	CHALLENGE POUSSINS 76																				
15/01/2011	AVENI	DIEPPE	**10**																1:50.16		
25	AVENIR Hiver 3																				
11/12/2010	AVENI	DIEPPE	**10**		1:35.98																
25	AVENIR Hiver 2																				
06/11/2010	AVENI	DIEPPE	**10**							0:52.66			0:54.63								
25	AVENIR Hiver 1																				
29/05/2010	AVENI	FAUVILLE EN CAUX	**9**																1:58.82		
25	AVENIR Eté 3																				
13/05/2010	MEET	YVETOT	**9**	0:44.47						0:59.70			0:54.56								
25	SPRINT																				
24/04/2010	AVENI	DIEPPE	**9**	0:46.41																	
25	AVENIR Eté 2																				
13/03/2010	AVENI	FAUVILLE EN CAUX	**9**							1:00.01			0:59.23								
25	AVENIR Eté 1																				
31/01/2010	FFN-D	GONFREVILLE L'OR	**9**							0:58.78			1:04.33								
25	AVENIR Finale																				
12/12/2009	FFN-D	CANY BARVILLE	**9**	0:50.45																	
25	AVENIR Hiver 2																				
07/11/2009	AVENI	DIEPPE	**9**							0:59.23			1:07.47								
25	AVENIR																				