Nb de compétitons réalisées : **75**

Historique et Meilleures Performances

DELALANDRE Julie

				Nage Libre						Dos			Brasse			Papillon			4 Nages		
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
				0:29.88		2:19.02		10:46.32		0:34.51		2:41.28		1:26.59		0:33.77				2:50.82	
					1:04.28		5:05.25				1:15.48		0:39.79		3:09.78		1:28.38		1:15.20		6:06.26
21/10/2018	FFN-D	ND GRAVENCHON	**18**		1:07.51						1:20.16			1:32.75			1:28.81				
25	Meeting 76																				
12/05/2018	MEET	LAVAL	**17**	0:30.63	1:06.58	2:32.72				0:36.33	1:20.23		0:43.18	1:37.53							
50	MEETING DE LA VILLE DE LAVAL																				
10/05/2018	MEET	YVETOT	**17**	0:31.71						0:36.61			0:42.98			0:35.01					
25	SPRINT																				
28/04/2018	MEET	VIRE	**17**	0:30.33	1:09.14					0:36.08			0:40.78			0:33.77			1:15.59		
25	Aquavire																				
07/04/2018	MEET	ST VALERY EN CAU	**17**	0:29.95	1:05.63					0:35.26			0:41.92						1:19.76		
25	MEETING DE LA CÔTE D'ALBATRE																				
24/02/2018	FFN-R	ELBEUF	**17**	0:30.90	1:09.16																
50	Champ. de NORMANDIE																				
04/02/2018	MEET	MONTIVILLIERS	**17**		1:11.00						1:20.24			1:33.25			1:32.81			2:58.49	
25	Meeting de Montivilliers																				
25/11/2017	FFN-R	ST VALERY EN CAU	**17**	0:29.88	1:05.11																
25	Champ. de NORMANDIE																				
19/11/2017	FFN-D	FECAMP	**17**	0:29.99		2:41.03															
25	CHAMP. DÉPARTEMENTAUX																				
03/11/2017	MEET	CHOLET	**17**	0:30.30	1:05.92						1:18.42		0:42.28			0:36.96			1:18.62		
25	Meeting du Choletais																				
29/10/2017	MEET	GRAND QUEVILLY	**17**		1:07.64						1:19.94			1:33.30			1:34.04				
25	Meeting EGQ																				
22/10/2017	FFN-D	ND GRAVENCHON	**17**		1:06.80						1:19.60			1:33.17			1:28.38				
25	meeting 76																				
15/10/2017	MEET	CERGY PONTOISE	**17**	0:30.20	1:06.70					0:36.00	1:17.54		0:43.17			0:35.45					
25	Meeting Régional																				
09/04/2017	MEET	ST VALERY EN CAU	**16**	0:29.99						0:35.48	1:17.67										
25	MEETING DE LA CÔTE D'ALBATRE																				
03/12/2016	FFN-R	CAEN	**16**		1:04.55	2:25.57															
25	Champ. de NORMANDIE																				
19/11/2016	FFN-D	FECAMP	**16**										0:41.43			0:34.65					6:12.99
25	CHAMP. DÉPARTEMENTAUX																				

25/06/2016	MEET	SAINT NAZAIRE	15	0:31.11	1:11.84	2:27.08				0:37.28		2:56.32								2:52.91	
50	MEETING DE ST NAZAIRE																				
11/06/2016	FFN-R	ND GRAVENCHON	15		1:06.89	2:24.91	5:20.02			0:36.23											
50	Champ. de NORMANDIE																				
14/05/2016	MEET	LAVAL	15		1:09.31	2:32.84					1:22.79	2:58.84	0:42.74	1:31.47	3:17.98						
50	MEETING DE LA VILLE DE LAVAL																				
08/05/2016	MEET	PARIS	15	0:31.07	1:07.26	2:26.86				0:36.28			0:41.17	1:42.44							
50	Meeting National																				
02/04/2016	MEET	ST VALERY EN CAU	15	0:30.50	1:04.28	2:20.82				0:35.49			0:39.79			0:35.78			1:15.20		
25	MEETING DE LA CÔTE D'ALBATRE																				
20/03/2016	FFN-R	COUTANCES	15	0:29.92	1:04.77	2:19.02															
25	Championnat de Normandie Honneur																				
27/02/2016	MEET	NANTES	15	0:31.75	1:07.00	2:31.69				0:37.44	1:20.29	2:58.57									
50	MEETING NATIONAL DES PAYS DE LOI																				
16/01/2016	MEET	CHARTRES	15	0:31.86	1:09.04	2:34.81	5:29.49	11:36.24		0:37.86											
50	MEETING NATIONAL CHARTRES METR																				
19/12/2015	FFN-I	CHOLET	15	0:30.10	1:04.50	2:21.77															
25	Champ N2																				
06/12/2015	FFN-R	CAEN	15	0:29.99	1:05.98	2:22.14	5:05.25			0:35.96											
25	Champ. de NORMANDIE																				
21/11/2015	FFN-D	FECAMP	15	0:30.76		2:28.84	5:11.86	10:46.32		0:36.31	1:18.13		0:41.94		3:10.11	0:35.36				3:05.06	
25	Champ. Départementaux																				
30/10/2015	MEET	CHOLET	15	0:31.01	1:13.91	2:26.74	5:18.22			0:35.58	1:19.08	2:52.77		1:26.59					1:20.24		
25	MEETING DE LA VILLE DE CHOLET																				
25/10/2015	MEET	GRAND QUEVILLY	15		1:06.99						1:16.64						1:36.14				
25	Meeting EGQ																				
18/10/2015	MEET	ROISSY	15	0:30.76	1:07.45					0:35.98	1:16.95	2:46.61	0:43.47	1:29.54		0:35.41					
25	Meeting NAUTIL																				
10/10/2015	MEET	CERGY PONTOISE	15	0:30.14	1:08.03	2:25.41				0:35.82	1:16.37	2:55.84									
25	Meeting Régional																				
10/07/2015	FFN-I	LAVAL	14	0:31.68						0:37.50											
50	Champ N2																				
13/06/2015	FFN-R	ND GRAVENCHON	14	0:31.71						0:37.18	1:19.20										
50	Champ. de NORMANDIE																				
16/05/2015	MEET	PARIS	14	0:32.51	1:12.48	2:35.35				0:36.45	1:18.72	2:51.64									
50	Meeting National																				
09/05/2015	MEET	VERSAILLES	14		1:08.93		5:30.91				1:18.55									2:56.92	
50	Meeting des Jeunes																				

12/04/2015	MEET	ST VALERY EN CAU	14	0:30.48	1:07.90					0:34.66	1:15.48			1:32.06		0:39.19			1:15.88		
25	MEETING DE LA CÔTE D'ALBATRE																				
20/03/2015	FFN-I	TOURS	14							0:36.10		2:52.41									
50	Champ N2																				
28/02/2015	MEET	MASSY	14	0:32.55	1:10.62	2:43.84				0:36.17	1:17.97	2:52.09	0:44.43	1:40.84	3:26.97	0:37.21	1:28.75			3:01.95	
50	SWIM TOUR																				
21/02/2015	MEET	BETHUNE	14		1:20.51		5:45.38				1:19.61		0:42.93		3:27.12	0:36.52					
50	7e Meeting National de BÉTHUNE																				
17/01/2015	MEET	CHARTRES	14	0:36.44		2:49.39					1:17.28										
50	MEETING NATIONAL CHARTRES METR																				
19/12/2014	FFN-I	LE MANS	14							0:34.51	1:15.95	2:42.32									
25	Champ N2																				
06/12/2014	FFN-R	SAINT LO	14	0:31.12			5:17.71			0:35.27	1:15.92	2:41.28									
25	Champ. de NORMANDIE																				
22/11/2014	FFN-D	FECAMP	14	0:31.68		2:46.64	5:50.40	11:56.38		0:35.59	1:18.84		0:41.95	1:29.68		0:35.89					
25	CHAMP. DÉPARTEMENTAUX																				
31/10/2014	MEET	CHOLET	14	0:31.28	1:07.99					0:36.18		2:44.71	0:43.48			0:40.44					
25	MEETING DE LA VILLE DE CHOLET																				
26/10/2014	FFN-R	BERCK	14	0:31.49	1:08.36	2:29.99				0:36.05	1:17.83	2:51.49	0:41.10			0:35.87					
25	MEETING NATIONAL DU PAS DE CALAI																				
19/10/2014	FFN-R	HEROUVILLE SAINT	14		1:08.97	2:29.18	5:21.46			0:36.61	1:19.59		0:40.75								
25	MEETING DE DEBUT DE SAISON																				
12/10/2014	MEET	CHERBOURG	14	0:31.65	1:06.68	2:31.32				0:37.24	1:21.46			1:39.98			1:31.67			2:50.82	
25	Meeting ARENA																				
05/07/2014	FFN-N	VAL DE REUIL	13		1:06.89																
25	Cup FRANCE des Benjamins																				
28/06/2014	FFN-N	SAINT NAZAIRE	13	0:32.18			5:22.17			0:39.04			0:41.57			0:35.88				2:51.10	
50	LUCIEN ZINS - FINALE NATATHLON																				
25/05/2014	FFN-D	SAINT ETIENNE	13							0:37.91			0:43.05			0:36.51					
25	NATATHLON																				
03/05/2014	MEET	ST VALERY EN CAU	13	0:31.20	1:08.27	2:30.78	5:26.80			0:36.69	1:22.78	2:52.41	0:41.95	1:29.71	3:09.78						
25	MEETING DE LA CÔTE D'ALBATRE																				
13/04/2014	FFN-D	ST ROMAIN DE COL	13					11:28.03		0:37.68			0:42.84								
25	NATATHLON																				
30/03/2014	FFN-D	BOLBEC	13		1:10.10		5:33.76			0:38.04										2:57.53	
25	CRITÉRIUM B/P																				
23/03/2014	FFN-D	ST VALERY EN CAU	13	0:32.01												0:36.76					6:06.26
25	NATATHLON																				

02/02/2014	FFN-D	ND GRAVENCHON	**13**			2:33.42						2:53.92			3:16.21		1:28.57				
25	Quadrathlon																				
15/12/2013	FFN-D	FORGES LES EAUX	**13**				5:35.04													2:58.02	
25	CRITÉRIUM B/P																				
16/11/2013	FFN-D	FECAMP	**13**	0:32.66	1:11.84					0:38.18	1:24.65		0:43.14			0:38.20				2:58.20	
25	CHAMP. DÉPARTEMENTAUX																				
01/11/2013	MEET	GRAND QUEVILLY	**13**	0:33.02						0:39.16			0:43.34			0:38.11					
25	Meeting EGQ																				
13/10/2013	FFN-D	ND GRAVENCHON	**13**		1:12.17		5:49.29														
25	MEETING DE DEBUT DE SAISON																				
23/06/2013	FFN-N	ORLEANS	**12**	0:33.64			5:44.84			0:38.47			0:46.06			0:36.68				3:03.35	
50	Trophée Interrégional Lucien-Zins																				
02/06/2013	FFN-D	ND GRAVENCHON	**12**			2:48.73						3:14.40			3:31.42		1:35.18				
25	Quadrathlon																				
19/05/2013	FFN-D	GONFREVILLE L'OR	**12**				5:55.28									0:38.33				3:04.00	
25	NATATHLON																				
09/05/2013	MEET	LAVAL	**12**	0:33.71		2:50.58				0:39.95			0:48.28			0:41.42					
50	MEETING DE LA VILLE DE LAVAL																				
04/05/2013	MEET	ST VALERY EN CAU	**12**	0:33.22	1:14.37	2:49.12							0:44.49	1:40.87	3:42.20						
25	MEETING DE LA CÔTE D'ALBATRE																				
29/03/2013	FFN-D	SAINT ETIENNE	**12**	0:33.71																3:14.55	
25	NATATHLON																				
17/03/2013	FFN-D	BOLBEC	**12**		1:21.38		6:07.02						0:46.72							3:15.83	
25	CRITÉRIUM B/P																				
03/03/2013	FFN-D	ST VALERY EN CAU	**12**				6:06.95			0:41.34			0:45.09								
25	NATATHLON																				
14/01/2013	MEET	MONTIVILLIERS	**12**	0:36.09						0:41.21			0:46.10			0:43.85			1:30.40		
25	Meeting JEUNES																				
16/12/2012	FFN-D	ST ROMAIN DE COL	**12**				6:28.33													3:28.15	
25	CRITÉRIUM B/P																				
01/11/2012	MEET	GRAND QUEVILLY	**12**	0:40.65									0:49.60								
25	Meeting EGQ																				
12/05/2012	AVENI	DIEPPE	**11**																1:45.91		
25	AVENIR Eté 3																				
08/05/2012	MEET	YVETOT	**13**	0:32.30						0:38.84			0:41.70			0:36.84					
25	SPRINT																				
07/04/2012	AVENI	GOURNAY EN BRAY	**11**		1:49.97																
25	AVENIR Eté 2																				

17/03/2012	AVENI	DIEPPE	**11**								0:50.17			0:57.35							
25	AVENIR Eté 1																				
14/01/2012	AVENI	DIEPPE	**11**																1:56.43		
25	AVENIR Hiver 3																				