Nb de compétitons réalisées : **69**

Historique et Meilleures Performances

DELAMARE Elodie

					Nage Libre						Dos			Brasse			Papillon			4 Nages		
					50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
					0:30.60		**2:40.95**		**12:39.67**		**0:35.91**		**2:44.39**		**1:36.20**		**0:34.01**		**2:47.49**		**2:44.96**	
						1:05.65		**5:13.06**				**1:16.52**		**0:43.13**		**4:25.55**		**1:14.47**		**1:18.80**		
30/04/2005	FFN-D	ELBEUF	**14**		0:30.64	1:05.65						1:16.52									2:44.96	
50	Champ.Départemental																					
23/03/2005	FFN-D	GRAND COURONNE	**14**								0:35.91		2:44.39				0:34.01	1:14.47				
50	Champ.Départemental																					
22/01/2005	FFN-R	VIRE	**14**		0:30.60	1:09.99						1:18.13					0:34.32	1:16.26				
50	Meeting de Ndie																					
08/01/2005	FFN-D	ST VALERY EN CAU	**14**		0:30.92	1:09.32						1:17.02							2:47.49			
25	Champ.Départemental																					
13/11/2004	FFN-D	ROUEN	**14**					5:13.06									0:34.32	1:15.93		1:18.80		
25	Champ.Départemental																					
27/06/2004	FFN-D	ND GRAVENCHON	**13**		0:33.47		2:40.95														2:53.61	
50	Champ.Départemental																					
19/06/2004	FFN-N	NOZAY	**13**															1:19.10				
50	Cup FRANCE des Benjamins																					
06/06/2004	MEET	BOLBEC	**13**		0:32.44	1:13.71					0:38.03			0:43.13			0:36.64			1:23.90		
25	Meeting des Jeunes																					
22/05/2004	FFN-D	GRAND COURONNE	**13**					5:40.38			0:37.75		2:55.55	0:44.37				1:23.09				
50	Champ.Départemental																					
20/05/2004	MEET	YVETOT	**13**		0:33.03						0:38.51			0:44.23			0:35.61					
25	SPRINT																					
15/05/2004	MEET	LE HAVRE	**13**		0:35.82							1:25.19					0:36.80	1:21.44				
50	Meeting International Jeunes																					
14/03/2004	MEET	FECAMP	**13**			1:17.55									1:36.20			1:24.92				
50	Ville FECAMP																					
07/02/2004	MEET	ROUEN	**13**		0:33.96							1:23.01						1:23.52			2:59.48	
25	BNP																					
25/01/2004	FFN-D	YVETOT	**13**		0:33.34			5:59.98													3:01.34	
25	Triathlon																					
01/06/2003	FFN-N	?	**12**															1:29.07				
25	Champ FRANCE																					
31/05/2003	FFN-N	NANCY	**12**														0:39.12					
50	P'tite vittel cup																					

05/04/2003	FFN-D	ELBEUF	12	0:35.48	1:21.32	2:56.38					1:33.20							3:21.41					
50	Champ.Départemental																						
09/03/2003	FFN-D	FECAMP	12							0:42.17		3:13.15	0:48.07	1:39.28		0:38.40	1:28.28						
50	Champ.Départemental																						
18/01/2003	FFN-D	ROUEN	12	0:36.54	1:22.64	3:01.04					1:27.48							3:19.56					
25	Champ.Départemental																						
12/01/2003	MEET	ROISSY	12	0:35.96	1:23.05						1:27.36		0:47.50			0:41.05	1:32.77						
25	Meeting NAUTIL																						
17/11/2002	FFN-D	ST ROMAIN DE COL	12	0:35.40				12:39.67												3:11.32			
25	CRITÉRIUM B/P																						
11/11/2002	MEET	GRAND QUEVILLY	12	0:36.38						0:40.20			0:46.12			0:39.79							
25	Meeting EGQ																						
09/06/2002	FFN-D	BOLBEC	11		1:21.12					0:45.94	1:32.67		0:48.76	1:42.78		0:41.65			1:37.31				
25	AVENIR Finale																						
24/05/2002	FFN-D	FECAMP	11		1:24.00						1:34.01			1:49.31				3:30.04					
50	Champ.Départemental																						
19/05/2002	MEET	LE HAVRE	11	0:38.64	1:24.96					0:45.10				1:46.61		0:42.19	1:38.56						
50	Meeting International Jeunes																						
09/05/2002	MEET	YVETOT	11	0:36.96						0:42.00			0:48.31			0:41.91							
25	SPRINT																						
04/05/2002	AVENI	DIEPPE	11	0:36.50																			
25	AVENIR																						
23/03/2002	FFN-D	ST VALERY EN CAU	11	0:37.64	1:24.56	3:23.22								1:46.64									
25	PROMO 76																						
16/03/2002	MEET	ROUEN	11		1:24.60												1:34.01						
25	BNP																						
02/03/2002	AVENI	ST VALERY EN CAU	11							0:42.72			0:49.93						1:38.27				
25	AVENIR																						
23/02/2002	FFN-D	GRAND COURONNE	11		1:27.78						1:33.40												
50	Champ.Départemental																						
20/01/2002	FFN-D	ROUEN	11														1:35.68						
25	Champ.Départemental																						
12/01/2002	AVENI	ST VALERY EN CAU	11																1:37.60				
25	AVENIR																						
15/12/2001	FFN-D	GRAND QUEVILLY	11	0:38.80							1:33.41			1:45.32		0:43.40							
25	PROMO 76																						
01/12/2001	FFN-D	ST VALERY EN CAU	11		1:24.22	3:03.50													1:32.77				
25	PROMO 76																						

18/11/2001	FFN-D	ST ROMAIN DE COL	11	0:38.51																3:22.87	
25	CRITÉRIUM B/P																				
17/11/2001	AVENI	ST VALERY EN CAU	11							0:43.65			0:50.05								
25	AVENIR																				
24/06/2001	FFN-D	ST ROMAIN DE COL	10		1:29.82						1:35.43										
25	AVENIR Finale																				
06/06/2001	MEET	BOLBEC	10	0:38.76	1:31.87					0:45.30											
25	Meeting des Jeunes																				
24/05/2001	MEET	YVETOT	10	0:41.34						0:43.45			0:51.89								
25	SPRINT																				
05/05/2001	AVENI	DIEPPE	10	0:40.86																	
25	AVENIR																				
07/04/2001	AVENI	ST VALERY EN CAU	10										0:51.29						1:44.20		
25	AVENIR																				
01/04/2001	MEET	FECAMP	10	0:43.14	1:34.46						1:38.32										
50	Ville FECAMP																				
24/03/2001	FFN-D	ST VALERY EN CAU	10	0:39.43	1:31.03	3:11.74					1:32.54			1:53.01							
25	PROMO 76																				
17/03/2001	MEET	ROUEN	10		1:34.18						1:37.43			1:51.25							
25	BNP																				
04/03/2001	MEET	ROISSY	10	0:39.56	1:31.65						1:37.49		0:50.83	1:49.95							
25	Meeting NAUTIL																				
11/02/2001	MEET	ARQUES LA BATAILL	10	0:42.11	1:42.03					0:48.75											
25	Meeting B.GOSSAY																				
28/01/2001	FSGT	ST VALERY EN CAU	10							0:48.24			0:53.35								
25	Journée Jeunes																				
13/01/2001	AVENI	ST VALERY EN CAU	10																1:47.72		
25	AVENIR																				
23/12/2000	AVENI	DIEPPE	10	0:44.73																	
25	AVENIR																				
16/12/2000	FFN-D	GRAND QUEVILLY	10	0:44.24							1:51.75			1:52.11		0:48.54					
25	PROMO 76																				
10/12/2000	FFN-D	ST VALERY EN CAU	10		1:38.22	3:21.82															
25	PROMO 76																				
03/12/2000	FSGT	GRAND COURONNE	10		1:39.81									1:57.19						3:50.92	
50	Champ. Départementaux																				
19/11/2000	FSGT	SAINT ETIENNE	10	0:46.04											4:25.55						
25	Champ. Départementaux																				

12/11/2000	FFN-D	ST VALERY EN CAU	**10**	0:48.48																4:04.50	
25	CRITÉRIUM B/P																				
25/06/2000	FFN-D	BOLBEC	**9**	0:48.42																1:50.83	
25	AVENIR Finale																				
28/05/2000	FFN-D	ST VALERY EN CAU	**9**	0:49.78			7:56.31														
25	Tri nages																				
13/05/2000	MEET	LE HAVRE	**9**	0:48.17						0:53.48	1:54.60					0:52.81					
50	Meeting International Jeunes																				
06/05/2000	AVENI	DIEPPE	**9**		1:46.38																
25	AVENIR																				
08/04/2000	AVENI	ST VALERY EN CAU	**9**	0:45.42										2:03.02						1:49.51	
25	AVENIR																				
01/04/2000	FFN-D	GRAND QUEVILLY	**9**		1:51.95						1:50.51			2:10.52							
25	PROMO 76																				
25/03/2000	AVENI	ST VALERY EN CAU	**9**								1:51.79										
25	AVENIR																				
05/03/2000	FSGT	SAINT ETIENNE	**9**	0:50.99												0:54.21				1:56.66	
25	Journée Jeunes																				
16/01/2000	FSGT	ST VALERY EN CAU	**9**							0:52.45			1:03.75								
25	Journée Jeunes																				
15/01/2000	AVENI	DIEPPE	**9**																	2:08.82	
25	AVENIR																				
19/12/1999	FSGT	GRAND COURONNE	**9**		1:57.70									2:14.15							
50	Champ. Départementaux																				
18/12/1999	AVENI	DIEPPE	**9**	0:53.96						0:58.08											
25	AVENIR																				
11/12/1999	FFN-D	ST VALERY EN CAU	**9**	0:52.36										2:14.32							
25	PROMO 76																				
20/11/1999	AVENI	ST VALERY EN CAU	**9**							0:56.83			1:01.94								
25	AVENIR																				