Historique et Meilleures Performances

Nb de compétitons réalisées : **51**

COURTIGNÉ Lucas

				Nage Libre						Dos			Brasse			Papillon			4 Nages		
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
				0:28.79	1:01.83	2:17.72	4:59.87		20:01.62	0:35.87	1:20.18	3:10.55	0:38.08	1:22.04	2:59.06	0:32.17	1:14.35	2:55.39	1:43.30	2:42.52	
29/05/2003	MEET	YVETOT	**17**	0:28.79						0:35.87			0:38.59			0:32.17					
25	SPRINT																				
05/04/2003	FFN-D	ELBEUF	**17**		1:03.87																
50	Champ.Départemental																				
09/03/2003	FFN-D	FECAMP	**17**		1:05.61		5:27.32													2:46.26	
50	Champ.Départemental																				
24/05/2002	FFN-D	FECAMP	**16**		1:05.71																
50	Champ.Départemental																				
23/12/2001	FFN-R	LE HAVRE	**16**				5:00.26											2:55.39			
25	INTERCLUBS																				
08/12/2001	FFN-R	BOLBEC	**16**		1:01.83		5:03.63														
25	Meeting de Ndie																				
21/10/2001	FFN-R	GRAND QUEVILLY	**16**		1:02.11									1:22.04						2:46.66	
25	Meeting de Ndie																				
27/05/2001	FFN-R	LE HAVRE	**15**	0:30.33	1:05.25									1:24.90	3:03.43	0:32.51				2:42.82	
25	Meeting de Ndie																				
24/05/2001	MEET	YVETOT	**15**	0:30.32						0:35.98			0:38.48			0:32.59					
25	SPRINT																				
13/05/2001	FFN-D	ELBEUF	**15**	0:30.13													1:18.49				
50	Champ.Départemental																				
01/04/2001	MEET	FECAMP	**15**	0:30.63	1:07.54									1:27.08						2:49.06	
50	Ville FECAMP																				
03/12/2000	FSGT	GRAND COURONNE	**15**		1:02.78	2:17.72								1:23.48			1:14.35				
50	Champ. Départementaux																				
19/11/2000	FSGT	SAINT ETIENNE	**15**				5:00.36								2:59.06						
25	Champ. Départementaux																				
22/10/2000	FSGT	OISSEL	**15**		1:05.61		5:00.27													2:46.26	
25	Triathlon																				
10/06/2000	FSGT	DUNKERQUE	**14**	0:30.67	1:06.85											0:35.68	1:23.78				
50	Champ. Fédéraux																				
04/06/2000	MEET	YVETOT	**14**	0:30.74									0:38.08			0:34.02					
25	SPRINT																				

30/04/2000	FFN-R	LE HAVRE	**14**	0:30.14	1:04.27	2:22.79	5:11.50														
25	Champ Régional																				
06/02/2000	FFN-R	BOLBEC	**14**		1:05.41		4:59.87										1:17.74				
25	Champ Régional																				
30/01/2000	FSGT	BOBIGNY	**14**		1:05.69	2:22.89								1:25.60	3:06.18						
25	Champ. Fédéraux																				
22/01/2000	FFN-D	GRAND COURONNE	**14**		1:04.59	2:22.17														2:44.40	
50	Champ.Départemental																				
09/01/2000	FFN-D	ROUEN	**14**	0:30.15			5:02.93		20:07.78								1:17.32				
25	Champ.Départemental																				
19/12/1999	FSGT	GRAND COURONNE	**14**		1:03.72	2:22.18					1:20.18			1:25.59		0:35.89	1:16.60			2:42.52	
50	Champ. Départementaux																				
27/11/1999	FFN-R	CAEN	**14**				5:00.11														
25	Champ Régional																				
21/11/1999	FSGT	SAINT ETIENNE	**14**	0:29.69					20:01.62						3:04.55						
25	Champ. Départementaux																				
17/10/1999	FFN-R	LE HAVRE	**14**		1:06.92		5:09.02										1:22.72				
25	Eliminatoire interclubs																				
22/05/1999	MEET	LE HAVRE	**13**	0:34.01	1:13.91					0:43.41	1:36.03		0:42.30	1:34.35							
50	Meeting International Jeunes																				
13/05/1999	MEET	YVETOT	**13**	0:34.05						0:41.59			0:44.12			0:41.70					
25	SPRINT																				
08/05/1999	FFN-D	ND GRAVENCHON	**13**		1:13.35	2:41.06					1:33.31				3:25.06					3:05.73	
50	Champ.Départemental																				
01/05/1999	FFN-D	FECAMP	**13**	0:33.36			5:56.46		24:01.34					1:37.17			1:38.82				
50	Champ.Départemental																				
18/04/1999	MEET	FECAMP	**13**		1:14.06						1:33.87			1:35.34			1:37.13			3:10.62	
50	Ville FECAMP																				
20/03/1999	MEET	ROUEN	**13**		1:13.19						1:31.54			1:34.73			1:31.97				
25	BNP																				
05/12/1998	FFN-D	ROUEN	**13**		1:13.41																
25	Champ.Départemental																				
28/11/1998	FFN-D	GRAND COURONNE	**13**												3:31.21						
50	Champ.Départemental																				
07/11/1998	FSGT	SAINT ETIENNE	**13**	0:34.81					23:18.33			3:10.55			3:22.62						
25	Champ. Départementaux																				
24/05/1998	MEET	LE HAVRE	**12**	0:35.92	1:18.26									1:44.68		0:44.91	1:39.12				
50	Meeting International Jeunes																				

21/05/1998	MEET	YVETOT	12	0:36.04						0:44.30			0:49.99			0:44.89					
25	SPRINT																				
16/05/1998	FFN-D	BOLBEC	12		1:14.15	2:45.82					1:32.10			1:43.53	3:28.24						
25	CRITÉRIUM B/P																				
26/04/1998	MEET	FECAMP	12		1:18.01						1:37.94			1:43.86							
50	Ville FECAMP																				
04/04/1998	FFN-D	SAINT ETIENNE	12	0:37.37	1:21.28	2:51.78	5:59.09			0:48.34	1:39.18	3:22.89				0:45.04	1:42.73			3:15.87	
25	CRITÉRIUM B/P																				
11/01/1998	FSGT	ST VALERY EN CAU	12								1:37.00			1:46.83							
25	Journée Jeunes																				
06/12/1997	FFN-D	ST VALERY EN CAU	12		1:21.14	2:52.19					1:43.03			1:43.82	3:32.13						
25	CRITÉRIUM B/P																				
30/11/1997	FFN-D	ST ROMAIN DE COL	12	0:38.38			5:58.76													3:23.70	
25	CRITÉRIUM B/P																				
23/11/1997	FFN-D	ROUEN	12																	3:18.01	
25	Eliminatoire interclubs																				
08/11/1997	FSGT	GRAND COURONNE	12		1:21.59	2:50.59					1:41.52			1:49.41			1:37.95			3:22.74	
50	Champ. Départementaux																				
08/10/1997	FSGT	SAINT ETIENNE	12	0:38.02					23:53.51			3:28.24			3:46.06						
25	Champ. Départementaux																				
01/10/1997	FSGT	OISSEL	12				6:18.32				1:45.48									3:29.18	
25	Triathlon																				
01/05/1997	FFN-D	ST VALERY EN CAU	11		1:28.77	3:18.81					1:44.60			1:51.40		0:52.81			1:43.61		
25	PROMO 76																				
01/01/1997	FFN-D	?	11	0:39.50	1:31.35					0:49.00	1:47.56		0:52.91	1:59.23		0:48.72			1:43.30	3:52.90	
25	?																				
01/01/1996	FFN-D	?	10	0:44.40	1:37.53	3:50.18				0:55.56	1:58.32	3:59.93	0:56.66	2:03.74	4:13.57	0:58.90			2:01.34		
25	?																				
01/01/1995	FFN-D	?	9	0:50.28						0:56.35				2:09.24					2:04.11		
25	?																				
01/01/1994	FFN-D	?	8	0:59.09						1:03.63			1:02.12						2:12.85		
25	?																				