Historique et Meilleures Performances

Nb de compétitons réalisées : **53**

COURTIGNÉ Juliette

				Nage Libre						Dos			Brasse			Papillon			4 Nages		
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
				0:29.97		2:22.29		10:23.43		0:36.34		2:45.42		1:25.52		0:34.82		3:05.15		2:43.67	
					1:04.83		4:58.74				1:17.78		0:39.22		3:04.90		1:20.44		1:42.11		5:52.60
09/03/2003	FFN-D	FECAMP	19				5:57.94														
50	Champ.Départemental																				
24/05/2002	FFN-D	FECAMP	18		1:11.83															3:02.30	
50	Champ.Départemental																				
09/05/2002	MEET	YVETOT	18	0:31.67									0:41.18								
25	SPRINT																				
23/02/2002	FFN-D	GRAND COURONNE	18											1:33.11						2:59.94	
50	Champ.Départemental																				
08/12/2001	FFN-R	BOLBEC	18		1:09.36															2:55.77	
25	Meeting de Ndie																				
21/10/2001	FFN-R	GRAND QUEVILLY	18		1:09.61															2:56.74	
25	Meeting de Ndie																				
27/05/2001	FFN-R	LE HAVRE	17		1:08.85									1:30.43						2:56.64	
25	Meeting de Ndie																				
24/05/2001	MEET	YVETOT	17	0:32.18						0:39.40			0:41.86			0:36.51					
25	SPRINT																				
13/05/2001	FFN-D	ELBEUF	17	0:31.80													1:23.80				
50	Champ.Départemental																				
01/04/2001	MEET	FECAMP	17	0:33.06	1:11.97									1:33.83						3:01.58	
50	Ville FECAMP																				
04/02/2001	FFN-D	GRAND COURONNE	17		1:08.85	2:31.04					1:23.81			1:29.38						2:53.41	
50	Champ.Départemental																				
02/12/2000	FFN-R	ROUEN	17	0:30.70		2:26.77															
25	Meeting de Ndie																				
26/10/2000	FFN-R	GRAND QUEVILLY	17	0:30.76		2:25.30	5:06.52														
25	Meeting de Ndie																				
22/10/2000	FSGT	OISSEL	17		1:06.94		5:11.53													2:47.64	
25	Triathlon																				
10/06/2000	FSGT	DUNKERQUE	16	0:31.25	1:07.86						1:22.39				3:14.90		1:20.44				
50	Champ. Fédéraux																				
04/06/2000	MEET	YVETOT	16	0:30.28						0:38.14			0:39.96			0:35.30					
25	SPRINT																				

30/04/2000	FFN-R	LE HAVRE	16	0:29.97	1:06.50		5:11.81					2:53.04		1:26.80						2:50.06	
25	Champ Régional																					
09/04/2000	MEET	FECAMP	16	0:31.39	1:08.64						1:26.17			1:31.46						2:54.18	
50	Ville FECAMP																					
06/02/2000	FFN-R	BOLBEC	16		1:06.66	2:25.29						2:52.44								2:48.60	
25	Champ Régional																					
30/01/2000	FSGT	BOBIGNY	16	0:30.31	1:05.69	2:24.38					1:19.58	2:50.51		1:26.44		0:37.00	1:21.26					
25	Champ. Fédéraux																					
22/01/2000	FFN-D	GRAND COURONNE	16		1:05.56	2:25.41					1:19.59									2:46.34		
50	Champ.Départemental																					
09/01/2000	FFN-D	ROUEN	16	0:30.30				10:40.86			1:22.68	2:50.26					1:20.64					
25	Champ.Départemental																					
19/12/1999	FSGT	GRAND COURONNE	16		1:04.83	2:24.21					1:20.19			1:26.94			1:20.82			2:43.70		
50	Champ. Départementaux																					
27/11/1999	FFN-R	CAEN	16	0:30.43	1:05.43	2:23.21	5:00.35				1:17.78			1:26.50						2:43.67		
25	Champ Régional																					
21/11/1999	FSGT	SAINT ETIENNE	16	0:30.81				10:23.43				2:45.42			3:08.51							
25	Champ. Départementaux																					
24/10/1999	FSGT	OISSEL	16				5:05.94				1:19.50									2:48.07		
25	Triathlon																					
17/10/1999	FFN-R	LE HAVRE	16		1:05.77	2:24.03																
25	Eliminatoire interclubs																					
13/05/1999	MEET	YVETOT	15	0:30.58						0:36.34			0:39.85			0:34.82						
25	SPRINT																					
08/05/1999	FFN-D	ND GRAVENCHON	15		1:07.97	2:27.27					1:21.82				3:09.33			3:05.15		2:49.08		
50	Champ.Départemental																					
01/05/1999	FFN-D	FECAMP	15	0:30.71			5:16.94	10:54.22						1:26.81							6:10.71	
50	Champ.Départemental																					
23/04/1999	FFN-N	SAINT MALO	15	0:31.44		2:31.61	5:18.19															
50	Champ N3																					
18/04/1999	MEET	FECAMP	15	0:31.20	1:08.11						1:23.11			1:29.30			1:22.12			2:51.41		
50	Ville FECAMP																					
13/03/1999	FFN-R	GRAND COURONNE	15	0:30.70	1:07.21	2:29.97	5:16.20							1:28.14	3:13.38					2:52.03		
50	Meeting de Ndie																					
30/01/1999	FSGT	BEZONS	15	0:30.43		2:23.49								1:25.52			1:21.48					
25	Champ. Fédéraux																					
19/12/1998	FFN-R	GRAND COURONNE	15	0:30.98	1:06.80	2:26.71					1:23.65						1:22.97			2:48.30		
50	Meeting de Ndie																					

05/12/1998	FFN-D	ROUEN	15		1:05.81	2:22.29								1:25.73							
25	Champ.Départemental																				
28/11/1998	FFN-D	GRAND COURONNE	15				4:58.74								3:04.90		1:21.34				
50	Champ.Départemental																				
07/11/1998	FSGT	SAINT ETIENNE	15	0:30.03			5:05.66								3:08.00						
25	Champ. Départementaux																				
21/05/1998	MEET	YVETOT	14	0:31.25						0:38.91			0:39.22			0:36.25					
25	SPRINT																				
02/05/1998	FFN-D	GRAND COURONNE	14	0:31.52			5:15.63	11:00.18							3:13.19		1:21.26				
50	Champ.Départemental																				
25/04/1998	FSGT	ELBEUF	14		1:08.37	2:28.89								1:28.47	3:10.58		1:24.04			2:54.43	
50	Champ. Départementaux																				
07/02/1998	FFN-D	ROUEN	14		1:06.72	2:24.91					1:22.05			1:25.64							5:52.60
25	Champ.Départemental																				
23/11/1997	FFN-D	ROUEN	14														1:23.29			2:48.55	
25	Eliminatoire interclubs																				
08/11/1997	FSGT	GRAND COURONNE	14		1:10.03	2:32.88					1:25.85			1:30.35			1:25.92			2:52.76	6:02.36
50	Champ. Départementaux																				
08/10/1997	FSGT	SAINT ETIENNE	14	0:32.61			5:19.38	10:55.67				2:54.71			3:17.59						
25	Champ. Départementaux																				
10/06/1997	FFN-N	LE LUDE	13		1:09.20																
50	Cup FRANCE des Benjamins																				
01/06/1997	FFN-R	PONT AUDEMER	13		1:12.25		5:25.00				1:26.34			1:31.10			1:24.16			2:55.34	
25	Meeting de Ndie																				
01/05/1997	FFN-D	ST VALERY EN CAU	13											1:29.94							
25	PROMO 76																				
01/01/1997	FFN-D	?	13	0:33.28	1:12.09	2:33.59	5:25.37	11:16.48		0:39.84	1:24.02	2:59.58	0:41.64	1:32.93	3:16.88	0:38.33	1:28.00			2:57.13	6:07.08
25	?																				
01/01/1996	FFN-D	?	12		1:12.59	2:42.84	5:43.97	11:46.78			1:32.95	3:11.64		1:38.27	3:29.40					3:09.26	
25	?																				
01/01/1995	FFN-D	?	11		1:16.62	2:51.33	6:14.29				1:34.16	3:18.61		1:47.03	3:45.37		1:36.19			3:17.09	
25	?																				
01/01/1994	FFN-D	?	10	0:40.50	1:32.04	3:15.14	7:21.32	15:36.44		0:52.29	1:42.06	3:33.86	0:56.21	2:09.19	3:53.50		2:03.09		1:42.11	3:41.16	
25	?																				
01/01/1993	FFN-D	?	9	0:48.02						1:01.45			1:08.34						2:11.21		
25	?																				