Historique et Meilleures Performances

Nb de compétitons réalisées : **13**

CHAMPAIN Marylou

				Nage Libre						Dos			Brasse			Papillon			4 Nages		
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
				0:35.72				13:53.07		0:45.69		3:54.08		1:43.40		0:44.28				4:16.10	
					1:21.83								0:44.74				1:47.50				8:23.90
30/05/2010	FFN-D	MONTIVILLIERS	13							0:48.66							1:47.50				
25	PROMO 76																				
13/05/2010	MEET	YVETOT	13	0:36.49						0:46.09			0:48.50			0:45.06					
25	SPRINT																				
21/03/2010	FFN-D	ROUEN	13	0:35.72	1:24.25								0:48.46	1:44.64							
25	CD76 - EPREUVES COURTES																				
14/03/2010	FFN-D	MONTIVILLIERS	13		1:21.96					0:45.69											
25	NATATHLON																				
28/02/2010	FFN-D	ST ROMAIN DE COL	13					13:53.07		0:47.22			0:44.74								
25	NATATHLON																				
24/01/2010	FFN-D	YVETOT	13		1:21.83								0:45.28			0:44.28					
25	NATATHLON																				
29/11/2009	FFN-D	SAINT ETIENNE	13									3:54.08		1:43.40							
25	PROMO 76																				
22/11/2009	FFN-D	FECAMP	13	0:36.86									0:46.25								
25	CD76 - EPREUVES COURTES																				
11/11/2009	MEET	GRAND QUEVILLY	13	0:37.14									0:45.51			0:50.84					
25	Meeting EGQ																				
21/05/2009	MEET	YVETOT	12	0:41.25						0:50.05			0:48.72								
25	SPRINT																				
29/03/2009	FFN-D	BOLBEC	12		1:38.19			15:30.67													8:23.90
25	NATATHLON																				
15/02/2009	FFN-D	MONTIVILLIERS	12	0:43.77												1:00.47				4:16.10	
25	PROMO 76																				
01/02/2009	FFN-D	ST ROMAIN DE COL	12							1:04.70			0:54.64			0:56.28					
25	NATATHLON																				